



Askinosie chocolate®

Product Ingredient + Nutrition Information

itty Bars™

77% Davao, Philippines Dark Chocolate- 7g. itty Bar™

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serving Size 1 bar (7g) • Servings 1 Calories 40 • Fat Cal. 20		Total Fat 3g	5%	Total Carb. 4g	1%
*Percent Daily Values (DV) are based on a 2,000 calorie diet Processed in a facility that processes milk, peanuts, tree nuts and wheat.		Sat. Fat 2g	10%	Fiber 2g	8%
		Trans. Fat 0g		Sugars 2g	
		Cholest. 0mg	0%	Protein 1g	
		Sodium 0mg	0%		
Vitamin A 0% • Vitamin C 0% • Calcium 1% • Iron 0%					

INGREDIENTS: DAVAO, PHILIPPINES COCOA BEANS (TRINITARIO), ORGANIC CANE SUGAR, COCOA BUTTER (Made in our factory with Davao beans— visit askinosie.com for details).

72% Mababu, Tanzania Dark Chocolate- 7g. itty Bar™

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serving Size 1 bar (7g) • Servings 1 Calories 40 • Fat Cal. 20		Total Fat 3g	5%	Total Carb. 3g	1%
*Percent Daily Values (DV) are based on a 2,000 calorie diet Processed in a facility that processes milk, peanuts, tree nuts and wheat.		Sat. Fat 2g	10%	Fiber 1g	4%
		Trans. Fat 0g		Sugars 2g	
		Cholest. 0mg	0%	Protein 1g	
		Sodium 0mg	0%		
Vitamin A 0% • Vitamin C 0% • Calcium 1% • Iron 0%					

INGREDIENTS: MABABU, TANZANIA COCOA BEANS (TRINITARIO), ORGANIC CANE SUGAR, COCOA BUTTER (Made in our factory with Mababu beans— visit askinosie.com for details).

70% San Jose Del Tambo, Ecuador Dark Chocolate- 7g. itty Bar™

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serving Size 1 bar (7g) • Servings 1 Calories 40 • Fat Cal. 20		Total Fat 3g	5%	Total Carb. 3g	1%
*Percent Daily Values (DV) are based on a 2,000 calorie diet Processed in a facility that processes milk, peanuts, tree nuts and wheat.		Sat. Fat 2g	10%	Fiber 2g	8%
		Trans. Fat 0g		Sugars 2g	
		Cholest. 0mg	0%	Protein 1g	
		Sodium 0mg	0%		
Vitamin A 0% • Vitamin C 0% • Calcium 1% • Iron 0%					

INGREDIENTS: DEL TAMBO, ECUADOR COCOA BEANS (ARRIBA NACIONAL), ORGANIC CANE SUGAR, COCOA BUTTER (Made in our factory with Del Tambo beans— visit askinosie.com for details).

Single Origin Dark Chocolate Bars

77% Davao, Philippines Dark Chocolate Bar- 85g.

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
	Serving Size ½ bar (42.5g) • Servings 2 Calories 240 • Fat Cal. 140	Total Fat 17g	26%	Total Carb. 20g
*Percent Daily Values (DV) are based on a 2,000 calorie diet Processed in a facility that processes milk, peanuts, tree nuts and wheat.	Sat. Fat 10g	50%	Fiber 6g	22%
	Trans. Fat 0g		Sugars 16g	
	Cholest. 0mg	0%	Protein 3g	
	Sodium 10mg	0%		
	Vitamin A 0% • Vitamin C 0% • Calcium 3% • Iron 11%			

INGREDIENTS: DAVAO, PHILIPPINES COCOA BEANS (TRINITARIO), ORGANIC CANE SUGAR, COCOA BUTTER (Made in our factory with Davao beans— visit askinosie.com for details).

72% Mababu, Tanzania Dark Chocolate Bar- 85g.

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
	Serving Size ½ bar (42.5g) • Servings 2 Calories 240 • Fat Cal. 130	Total Fat 16g	25%	Total Carb. 21g
*Percent Daily Values (DV) are based on a 2,000 calorie diet Processed in a facility that processes milk, peanuts, tree nuts and wheat.	Sat. Fat 10g	50%	Fiber 9g	44%
	Trans. Fat 0g		Sugars 12g	
	Cholest. 0mg	0%	Protein 3g	
	Sodium 10mg	0%		
	Vitamin A 1% • Vitamin C 0% • Calcium 3% • Iron 11%			

INGREDIENTS: MABABU, TANZANIA COCOA BEANS (TRINITARIO), ORGANIC CANE SUGAR, COCOA BUTTER (Made in our factory with Mababu beans— visit askinosie.com for details).

70% San Jose Del Tambo, Ecuador Dark Chocolate Bar- 85g.

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
	Serving Size ½ bar (42.5g) • Servings 2 Calories 230 • Fat Cal. 120	Total Fat 15g	23%	Total Carb. 22g
*Percent Daily Values (DV) are based on a 2,000 calorie diet Processed in a facility that processes milk, peanuts, tree nuts and wheat.	Sat. Fat 9g	45%	Fiber 9g	36%
	Trans. Fat 0g		Sugars 13g	
	Cholest. 0mg	0%	Protein 3g	
	Sodium 10mg	0%		
	Vitamin A 0% • Vitamin C 0% • Calcium 3% • Iron 11%			

INGREDIENTS: DEL TAMBO, ECUADOR COCOA BEANS (ARRIBA NACIONAL), ORGANIC CANE SUGAR, COCOA BUTTER (Made in our factory with Del Tambo beans— visit askinosie.com for details).

Single Origin Dark Chocolate Bars

70% San Jose Del Tambo, Ecuador Dark Chocolate Nibble Bar- 85g.

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serving Size ½ bar (42.5g) • Servings 2 Calories 240 • Fat Cal. 130		Total Fat 16g	25%	Total Carb. 20g	7%
*Percent Daily Values (DV) are based on a 2,000 calorie diet Processed in a facility that processes milk, peanuts, tree nuts and wheat.		Sat. Fat 10g	50%	Fiber 10g	40%
		Trans. Fat 0g		Sugars 10g	
		Cholest. 0mg	0%	Protein 3g	
		Sodium 10mg	0%		
Vitamin A 0% • Vitamin C 0% • Calcium 3% • Iron 11%					

INGREDIENTS: DEL TAMBO, ECUADOR COCOA BEANS (ARRIBA NAACIONAL), ORGANIC CANE SUGAR, ROASTED COCOA NIBS, COCOA BUTTER (Made in our factory with Del Tambo beans— visit askinosie.com for details).

62% Dark Milk Chocolate + Fleur De Sel Sea Salt Bar- 85g.

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serving Size ½ bar (42.5g) • Servings 2 Calories 230 • Fat Cal. 130		Total Fat 15g	23%	Total Carb. 22g	7%
*Percent Daily Values (DV) are based on a 2,000 calorie diet Processed in a facility that processes milk, peanuts, tree nuts and wheat.		Sat. Fat 9g	45%	Fiber 7g	28%
		Trans. Fat 0g		Sugars 15g	
		Cholest. 0mg	0%	Protein 2g	
		Sodium 40mg	2%		
Vitamin A 0% • Vitamin C 0% • Calcium 3% • Iron 6%					

INGREDIENTS: DAVAO, PHILIPPINES COCOA BEANS (TRINITARIO), ORGANIC CANE SUGAR, COCOA BUTTER GOAT'S MILK POWDER, SEA SALT. (Made in our factory with Davao beans— visit askinosie.com for details). **CONTAINS GOAT'S MILK.**

Dark Chocolate + Peanut Butter Bar- 85g.

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serving Size ½ bar (42.5g) • Servings 2 Calories 240 • Fat Cal. 150		Total Fat 18g	28%	Total Carb. 18g	6%
*Percent Daily Values (DV) are based on a 2,000 calorie diet Processed in a facility that processes milk, tree nuts and wheat.		Sat. Fat 9g	45%	Fiber 7g	28%
		Trans. Fat 0g		Sugars 11g	
		Cholest. 0mg	0%	Protein 3g	
		Sodium 10mg	0%		
Vitamin A 0% • Vitamin C 0% • Calcium 3% • Iron 6%					

INGREDIENTS: COCOA BEANS (TRINITARIO), ORGANIC CANE SUGAR, PEANUT BUTTER, COCOA BUTTER (Made in our factory with Mababu beans— visit askinosie.com for details). **CONTAINS PEANUTS.**

CollaBARation™ Bars

Dark Milk Chocolate + Black Licorice CollaBARation™ Bar- 85g.

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serving Size ½ bar (42.5g) • Servings 2 Calories 240 • Fat Cal. 150		Total Fat 18g	28%	Total Carb. 22g	7%
*Percent Daily Values (DV) are based on a 2,000 calorie diet Processed in a facility that processes milk, peanuts, tree nuts and wheat.		Sat. Fat 10g	50%	Fiber 8g	32%
		Trans. Fat 0g		Sugars 14g	
		Cholest. 0mg	0%	Protein 2g	
		Sodium 40mg	2%		
Vitamin A 0% • Vitamin C 0% • Calcium 2% • Iron 6%					

INGREDIENTS: COCOA BEANS, ORGANIC CANE SUGAR, COCOA BUTTER, GOAT'S MILK POWDER, SEA SALT, SALTED BLACK LICORICE, ANISE SEED. (Made in our factory with Davao beans— visit askinosie.com for details). **CONTAINS GOAT'S MILK.**

Dark Chocolate + Coffee CollaBARation™ Bar- 85g.

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serving Size ½ bar (42.5g) • Servings 2 Calories 230 • Fat Cal. 130		Total Fat 17g	26%	Total Carb. 18g	6%
*Percent Daily Values (DV) are based on a 2,000 calorie diet Processed in a facility that processes milk, peanuts, tree nuts and wheat.		Sat. Fat 10g	50%	Fiber 9g	36%
		Trans. Fat 0g		Sugars 9g	
		Cholest. 0mg	0%	Protein 3g	
		Sodium 10mg	0%		
Vitamin A 0% • Vitamin C 0% • Calcium 3% • Iron 11%					

INGREDIENTS: COCOA BEANS, ORGANIC CANE SUGAR, DIRECT TRADE, IN SEASON, SINGLE ORIGIN COFFEE, COCOA BUTTER. (Made in our factory with Tanzania beans— visit askinosie.com for details).

Dark Chocolate + Crunchy Sugar Crystals & Vanilla Bean CollaBARation™ Bar- 85g.

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serving Size ½ bar (42.5g) • Servings 2 Calories 240 • Fat Cal. 130		Total Fat 16g	25%	Total Carb. 23g	8%
*Percent Daily Values (DV) are based on a 2,000 calorie diet Processed in a facility that processes milk, peanuts, tree nuts and wheat.		Sat. Fat 10g	50%	Fiber 11g	44%
		Trans. Fat 0g		Sugars 12g	
		Cholest. 0mg	0%	Protein 3g	
		Sodium 10mg	0%		
Vitamin A 1% • Vitamin C 0% • Calcium 4% • Iron 6%					

INGREDIENTS: COCOA BEANS, ORGANIC CANE SUGAR, COCOA BUTTER, ORGANIC VANILLA BEAN. (Made in our factory with Tanzania beans— visit askinosie.com for details).

Dark Chocolate + Malted Milk CollaBARation™ Bar- 85g.

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serving Size ½ bar (42.5g) • Servings 2 Calories 250 • Fat Cal. 150		Total Fat 18g	28%	Total Carb. 18g	6%
*Percent Daily Values (DV) are based on a 2,000 calorie diet Processed in a facility that processes milk, peanuts, tree nuts and wheat.		Sat. Fat 11g	55%	Fiber 5g	20%
		Trans. Fat 0g		Sugars 13g	
		Cholest. 0mg	0%	Protein 3g	
		Sodium 60mg	3%		
Vitamin A 0% • Vitamin C 0% • Calcium 5% • Iron 6%					

INGREDIENTS: COCOA BEANS, ORGANIC CANE SUGAR, COCOA BUTTER, MALTED MILK POWDER. (Made in our factory with Tanzania beans— visit askinosie.com for details). **CONTAINS MILK AND WHEAT.**

Dark Milk Chocolate + Ancho Chile & Pistachio CollaBARation™ Bar- 85g.

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serving Size ½ bar (42.5g) • Servings 2 Calories 220 • Fat Cal. 120		Total Fat 15g	23%	Total Carb. 19g	6%
*Percent Daily Values (DV) are based on a 2,000 calorie diet Processed in a facility that processes milk, peanuts, tree nuts and wheat.		Sat. Fat 8g	40%	Fiber 6g	24%
		Trans. Fat 0g		Sugars 13g	
		Cholest. 0mg	0%	Protein 3g	
		Sodium 60mg	3%		
Vitamin A 5% • Vitamin C 0% • Calcium 3% • Iron 6%					

INGREDIENTS: COCOA BEANS, ORGANIC CANE SUGAR, COCOA BUTTER, ROASTED ANCHO CHILE, GOAT'S MILK POWDER, ORGANIC PISTACHIOS, MALDON SEA SALT. (Made in our factory with Davao beans— visit askinosie.com for details). **CONTAINS GOAT'S MILK.**

CollaBARation™ Bars

Dark Chocolate + Coconut Sugar & Toasted Coconut CollaBARation™ Bar– 85g.

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
	Serving Size ½ bar (42.5g) • Servings 2 Calories 230 • Fat Cal. 130	Total Fat 16g	25%	Total Carb. 22g
*Percent Daily Values (DV) are based on a 2,000 calorie diet Processed in a facility that processes milk, peanuts, tree nuts and wheat.	Sat. Fat 10g	50%	Fiber 8g	32%
	Trans. Fat 0g		Sugars 14g	
	Cholest. 0mg	0%	Protein 2g	
	Sodium 10mg	0%		
	Vitamin A 0% • Vitamin C 0% • Calcium 2% • Iron 6%			

INGREDIENTS: COCOA BEANS, ORGANIC CANE SUGAR, ORGANIC COCONUT SUGAR, TOASTED COCONUT, COCOA BUTTER. (Made in our factory with Tanzania beans— visit askinosie.com for details).

Dark Chocolate + Red Raspberry CollaBARation™ Bar– 85g.

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
	Serving Size ½ bar (42.5g) • Servings 2 Calories 240 • Fat Cal. 130	Total Fat 16g	25%	Total Carb. 23g
*Percent Daily Values (DV) are based on a 2,000 calorie diet Processed in a facility that processes milk, peanuts, tree nuts and wheat.	Sat. Fat 9g	45%	Fiber 5g	20%
	Trans. Fat 0g		Sugars 18g	
	Cholest. 0mg	0%	Protein 2g	
	Sodium 5mg	0%		
	Vitamin A 0% • Vitamin C 7% • Calcium 2% • Iron 6%			

INGREDIENTS: COCOA BEANS, ORGANIC CANE SUGAR, COCOA BUTTER (Made in our factory with Del Tambo beans— visit askinosie.com for details), ORGANIC TURBINADO SUGAR, ORGANIC RASPBERRIES.

White Chocolate Bars

White Chocolate Bar– 85g.

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
	Serving Size ½ bar (42.5g) • Servings 2 Calories 190 • Fat Cal. 70	Total Fat 8g	12%	Total Carb. 26g
*Percent Daily Values (DV) are based on a 2,000 calorie diet Processed in a facility that processes milk, peanuts, tree nuts and wheat.	Sat. Fat 5g	25%	Fiber 5g	20%
	Trans. Fat 0g		Sugars 21g	
	Cholest. 0mg	0%	Protein 2g	
	Sodium 10mg	0%		
	Vitamin A 1% • Vitamin C 0% • Calcium 3% • Iron 6%			

INGREDIENTS: ORGANIC CANE SUGAR, COCOA BUTTER (Made in our factory with Davao beans— visit askinosie.com for details), GOAT'S MILK POWDER. **CONTAINS GOAT'S MILK.**

White Chocolate Nibble Bar– 85g.

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
	Serving Size ½ bar (42.5g) • Servings 2 Calories 200 • Fat Cal. 80	Total Fat 11g	17%	Total Carb. 25g
*Percent Daily Values (DV) are based on a 2,000 calorie diet Processed in a facility that processes milk, peanuts, tree nuts and wheat.	Sat. Fat 6g	30%	Fiber 7g	28%
	Trans. Fat 0g		Sugars 18g	
	Cholest. 0mg	0%	Protein 3g	
	Sodium 10mg	0%		
	Vitamin A 0% • Vitamin C 0% • Calcium 3% • Iron 6%			

INGREDIENTS: ORGANIC CANE SUGAR, COCOA BUTTER (Made in our factory with Davao beans— visit askinosie.com for details), ROASTED COCOA NIBS, GOAT'S MILK POWDER. **CONTAINS GOAT'S MILK.**

White Chocolate Pistachio Bar– 85g.

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
	Serving Size ½ bar (42.5g) • Servings 2 Calories 200 • Fat Cal. 80	Total Fat 10g	15%	Total Carb. 23g
*Percent Daily Values (DV) are based on a 2,000 calorie diet Processed in a facility that processes milk, peanuts, tree nuts and wheat.	Sat. Fat 4g	20%	Fiber 5g	20%
	Trans. Fat 0g		Sugars 18g	
	Cholest. 0mg	0%	Protein 3g	
	Sodium 40mg	2%		
	Vitamin A 1% • Vitamin C 0% • Calcium 4% • Iron 6%			

INGREDIENTS: ORGANIC CANE SUGAR, COCOA BUTTER (Made in our factory with Davao beans— visit askinosie.com for details), ORGANIC PISTACHIOS, GOAT'S MILK POWDER. **CONTAINS GOAT'S MILK AND TREE NUTS.**

Nibs, Baking, Chocolate Beverages, and Chocolate Hazelnut Spread

Single Origin Roasted Cocoa Nibs

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serving Size 28g • Servings 6		Total Fat 14g	22%	Total Carb. 11g	4%
Calories 170 • Fat Cal. 110		Sat. Fat 8g	40%	Fiber 11g	44%
*Percent Daily Values (DV) are based on a 2,000 calorie diet		Trans. Fat 0g		Sugars 0g	
Processed in a facility that processes milk, peanuts, tree nuts and wheat.		Cholest. 0mg	0%	Protein 3g	
		Sodium 10mg	0%		
Vitamin A 0% • Vitamin C 0% • Calcium 3% • Iron 6%					

Single Origin Natural Cocoa Powder

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serving Size 5g • Servings 26		Total Fat 1g	2%	Total Carb. 3g	1%
Calories 15 • Fat Cal. 5		Sat. Fat 1g	5%	Fiber 3g	12%
*Percent Daily Values (DV) are based on a 2,000 calorie diet		Trans. Fat 0g		Sugars 0g	
Processed in a facility that processes milk, peanuts, tree nuts and wheat.		Cholest. 0mg	0%	Protein 1g	
		Sodium 0mg	0%		
Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 0%					

Single Origin Sipping Chocolate

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serving Size 19g • Servings 8.5		Total Fat 7g	11%	Total Carb. 10g	3%
Calories 110 • Fat Cal. 60		Sat. Fat 4g	20%	Fiber 4g	16%
*Percent Daily Values (DV) are based on a 2,000 calorie diet		Trans. Fat 0g		Sugars 6g	
Processed in a facility that processes milk, peanuts, tree nuts and wheat.		Cholest. 0mg	0%	Protein 1g	
		Sodium 0mg	0%		
Vitamin A 0% • Vitamin C 0% • Calcium 1% • Iron 0%					

INGREDIENTS: MABABU, TANZANIA COCOA BEANS (TRINITARIO), ORGANIC CANE SUGAR, COCOA BUTTER (Made in our factory with Mababu beans— visit askinosie.com for details).

Hey, Hey Hazelnut!™ Chocolate Hazelnut Spread

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serving Size 16g • Servings 11.5		Total Fat 8g	12%	Total Carb. 5g	2%
Calories 90 • Fat Cal. 20		Sat. Fat 5g	25%	Fiber 2g	8%
*Percent Daily Values (DV) are based on a 2,000 calorie diet		Trans. Fat 0g		Sugars 3g	
Processed in a facility that processes milk, peanuts, tree nuts and wheat.		Cholest. 0mg	0%	Protein 1g	
		Sodium 0mg	0%		
Vitamin A 0% • Vitamin C 0% • Calcium 1% • Iron 0%					

INGREDIENTS: HAZELNUTS (OIL AND BUTTER), COCOA POWDER, ORGANIC CANE SUGAR AND ROASTED COCOA NIBS. CONTAINS TREE NUTS.

Chocolate Covered

Chocolate Covered Malt Balls

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serving Size 1.3oz (37.5g) • Servings 4		Total Fat 12g	18%	Total Carb. 22g	7%
Calories 200 • Fat Cal. 100		Sat. Fat 7g	35%	Fiber 7g	28%
*Percent Daily Values (DV) are based on a 2,000 calorie diet		Trans. Fat 0g		Sugars 12g	
Processed in a facility that processes milk, peanuts, tree nuts and wheat.		Cholest. 1mg	0%	Protein 2g	
		Sodium 40mg	2%		
Vitamin A 0% • Vitamin C 3% • Calcium 2% • Iron 6%					

INGREDIENTS: DARK CHOCOLATE (MABABU, TANZANIA COCOA BEANS, ORGANIC CANE SUGAR, COCOA BUTTER [MADE IN OUR FACTORY WITH MABABU BEANS]), MALT BALL CENTERS (CORN SYRUP, WHEY, MALTED MILK [MALTED BARLEY, WHEAT FLOUR, MILK, BICARBONATE OF SODA, SALT], SUGAR, MALT EXTRACT, COCONUT OIL, GLYCEROL MONOSTEARATE, ARTIFICIAL FLAVOR). **CONTAINS MILK AND WHEAT.**

1098 Line

“Dirty” White Chocolate + Vintage Cocoa Gravel Bar- 50g.

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serving Size (1 bar) 50g • Servings 1		Total Fat 6g	9%	Total Carb. 15g	5%
Calories 120 • Fat Cal. 50		Sat. Fat 4g	20%	Fiber 4g	16%
*Percent Daily Values (DV) are based on a 2,000 calorie diet		Trans. Fat 0g		Sugars 11g	
Processed in a facility that processes milk, peanuts, tree nuts and wheat.		Cholest. 0mg	0%	Protein 1g	
		Sodium 10mg	0%		
Vitamin A 0% • Vitamin C 0% • Calcium 2% • Iron 6%					

INGREDIENTS: ORGANIC CANE SUGAR, COCOA BUTTER (Made in our factory with Davao beans— visit askinosie.com for details), GOAT’S MILK POWDER, ROASTED COCOA NIBS, TANZANIA DARK CHOCOLATE. **CONTAINS GOAT’S MILK.**

A Product of Change™

Premium Kyela Rice

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serving Size 28g • Servings 6		Total Fat 14g	22%	Total Carb. 11g	4%
Calories 170 • Fat Cal. 110		Sat. Fat 8g	40%	Fiber 11g	44%
*Percent Daily Values (DV) are based on a 2,000 calorie diet		Trans. Fat 0g		Sugars 0g	
		Cholest. 0mg	0%	Protein 3g	
		Sodium 10mg	0%		
Vitamin A 0% • Vitamin C 0% • Calcium 3% • Iron 6%					

INGREDIENTS: 100% KYELA WHITE MEDIUM GRAIN RICE

Tableya

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serving Size 10g • Servings 12		Total Fat 5g	8%	Total Carb. 3g	1%
Calories 60 • Fat Cal. 40		Sat. Fat 3g	15%	Fiber 3g	12%
*Percent Daily Values (DV) are based on a 2,000 calorie diet		Trans. Fat 0g		Sugars 0g	
Processed in a facility that processes milk, peanuts, tree nuts and wheat.		Cholest. 0mg	0%	Protein 1g	
		Sodium 3mg	0%		
Vitamin A 0% • Vitamin C 0% • Calcium 1% • Iron 6%					

INGREDIENTS: ROASTED COCOA BEANS.

Limited Edition Seasonal Products

Peppermint Bark, Small Tin

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serving Size 42.5g • Servings 3.5		Total Fat 10g	15%	Total Carb. 26g	9%
Calories 200 • Fat Cal. 80		Sat. Fat 6g	30%	Fiber 8g	32%
*Percent Daily Values (DV) are based on a 2,000 calorie diet		Trans. Fat 0g		Sugars 18g	
Processed in a facility that processes milk, peanuts, tree nuts and wheat.		Cholest. 0mg	0%	Protein 2g	
		Sodium 10mg	0%		
Vitamin A 0% • Vitamin C 0% • Calcium 3% • Iron 6%					

INGREDIENTS: COCOA BEANS, ORGANIC CANE SUGAR, COCOA BUTTER (Made in our factory), GOAT'S MILK POWDER, ALL NATURAL PEPPERMINT (SUGAR, CORN SYRUP, NATURAL COLORS, NATURAL FLAVORS). **CONTAINS GOAT'S MILK.**

Peppermint Bark, Large

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serving Size 42.5g • Servings 7		Total Fat 10g	15%	Total Carb. 26g	9%
Calories 200 • Fat Cal. 80		Sat. Fat 6g	30%	Fiber 8g	32%
*Percent Daily Values (DV) are based on a 2,000 calorie diet		Trans. Fat 0g		Sugars 18g	
Processed in a facility that processes milk, peanuts, tree nuts and wheat.		Cholest. 0mg	0%	Protein 2g	
		Sodium 10mg	0%		
Vitamin A 0% • Vitamin C 0% • Calcium 3% • Iron 6%					

INGREDIENTS: COCOA BEANS, ORGANIC CANE SUGAR, COCOA BUTTER (Made in our factory), GOAT'S MILK POWDER, ALL NATURAL PEPPERMINT (SUGAR, CORN SYRUP, NATURAL COLORS, NATURAL FLAVORS). **CONTAINS GOAT'S MILK.**

Gingerbread Dark Chocolate Bar

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serving Size ½ bar (42.5g) • Servings 2		Total Fat 15g	23%	Total Carb. 22g	7%
Calories 230 • Fat Cal. 120		Sat. Fat 9g	45%	Fiber 8g	32%
*Percent Daily Values (DV) are based on a 2,000 calorie diet		Trans. Fat 0g		Sugars 14g	
Processed in a facility that processes milk, peanuts, tree nuts and wheat.		Cholest. 0mg	0%	Protein 3g	
		Sodium 10mg	0%		
Vitamin A 0% • Vitamin C 0% • Calcium 3% • Iron 6%					

INGREDIENTS: MABABU, TANZANIA COCOA BEANS (TRINITARIO), SUCUNAT CANE SUGAR, ORGANIC CANE SUGAR, COCOA BUTTER (Made in our factory with Mababu Beans), GINGER, CINNAMON, ALL SPICE, NUTMEG, CLOVE.

Limited Edition S'more Bark

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serving Size 42.5g • Servings 3.5		Total Fat 10g	15%	Total Carb. 21g	7%
Calories 210 • Fat Cal. 90		Sat. Fat 6g	30%	Fiber 7g	28%
*Percent Daily Values (DV) are based on a 2,000 calorie diet		Trans. Fat 0g		Sugars 12g	
Processed in a facility that processes milk, peanuts, tree nuts and wheat.		Cholest. 0mg	0%	Protein 2g	
		Sodium 100mg	4%		
Vitamin A 3% • Vitamin C 3% • Calcium 5% • Iron 11%					

INGREDIENTS: DAVAO PHILIPPINES COCOA BEANS (TRINITARIO), ORGANIC CANE SUGAR, COCOA BUTTER (Made in our factory with Davao beans— visit askinosie.com for details), GOAT'S MILK POWDER, SEA SALT, GOLDEN GRAHAMS CEREAL, MARSHMALLOW BITS. **CONTAINS GOAT'S MILK AND WHEAT.**